



# LIFE CAFÉ MENU

**JOSHUA GENERATION CHURCH  
12 WINGATE CRES, SUNNINGDALE**

*life*



## **BREAKFAST**

### **BIG JACK - R48**

2 Eggs, 3 Bacon, Tomato, Cheese, Boerewors,  
Mushrooms & Chips (plus a regular cuppa)

### **THE COWBOY - R45**

2 Eggs, 3 Bacon, Grilled Wors, Fried Cherry Tomatoes,  
Chipotle Beans & French (plus an americano)

### **THE BOOSTER - R55**

2 Eggs, 3 Bacon, Sliced Brie, Cherry Tomatoes, Grilled Porkie  
& Dijon Hollandaise (plus a large cuppa)

### **EGGS SALMON - R52**

Poached Eggs, Norwegian Smoked Salmon, Rocket &  
Caramelized Onion on French with Buttery Hollandaise

### **EGGS BENEDICT - R48**

Poached Eggs on Grilled Country Ham, Rocket  
& Caramelized Onion on French with Buttery Hollandaise

### **SUNRISE - R32**

2 Eggs, 2 Bacon, Tomato, Cheese, Toast (plus a regular cuppa)

## **SEEDED BUNS • PANINI • RYE**

### **Served with Chips & Salad**

Chicken Mayo - R36

Bacon, Egg & Cheddar - R36

Country Ham - R40

Salmon, Cucumber & Cream Cheese - R42

(or Plain Toasted Bread = Less R2)

## **OMELETTES**

Ham, Cheddar & Peppadew - R38

Bacon, Feta & Cherry Tomatoes - R42

Bacon & Cheese - R36

Three Cheeses - R32

FULL HOUSE: Bacon, Feta Peppadew,

Cherry Tomatoes, Mushrooms,

Onions, Double Cheddar - R55





## WRAPS

### **SMOKED CHICKEN - R46**

Smoked Chicken, Humus, Greens, Peppadew,  
Cucumber & Mixed Cheese

### **SMOKED SALMON - R48**

Smoked Salmon, Smooth Cheese, Mixed Greens,  
Capers & Rocket

### **GRILLED CHICKEN - R40**

Grilled Chicken, Toasted Seeds, Sweet Chilli & Greens

### **BREAKFAST - R36**

Breakfast Bacon, Scrambled Egg, Cherry Tomatoes & Cheese

## JAR - SHAKE SALADS

### **SALMON - R48**

Smoked Norwegian Salmon, Greens, Peppadews & Capers  
with a soft Yoghurt & Cream Cheese Dressing

### **CHEF'S CHOICE - R46**

Chef's Salad of Country Peppered Ham, Cheese, Egg,  
Greens, Cherry Tomatoes & Cucumber

### **THE GREEK - R36**

The Greek with Olives, Feta, Greens, Balsamic Cherry  
Tomatoes & Cucumber

### **SMOKED CHICKEN - R46**

Smoked Chicken, Feta, Peppadews, Mixed Greens,  
Cherry Tomatoes, Cucumber & Seeds

### **VEGGIE - R38**

Roasted Veg, Mixed Greens, Toasted Seeds & Dried Cranberries





## **BURGERS**

**GRAND 'OL BEEF - R46**  
**GRAND 'OL CHICKEN - R42**

### **TOPPINGS:**

Egg, Bacon, Chorizo & Crisp Onion - R25  
Feta, Peppadew & Basil Pesto - R20  
Blue Cheese, Fig & Bacon - R25  
Bacon & Brie - R25    Cheddar - R18

## **COMFORT EATING**

### **ROAST CHICKEN - R55**

With Sticky Veg, Mushrooms, Vino & Rosemary Sauce

### **CHICKEN KEBAB - R55**

With Chips & Salad OR Grilled Veg

### **LAMB CHOP & WORS - R65**

With Egg & Chips

### **THAI GREEN CURRY - R60**

Chicken Curry & Rice

### **BOBOTIE POT PIE - R55**

With Salad

### **BEEF LASAGNE - R55**

With Salad

## **KIDS**

Cheese & Ham Pizza - R30  
Fish Fingers & Chips - R25  
Toasted Cheese & Tomato - R25  
Toast with Scrambled Eggs - R20  
French Toast - R20





## **PIZZA**

### **ITALIAN - R68**

Spinach, Salami, Mushroom & Feta

### **GREEK - R72**

Halloumi, Spinach, Tomato & Olives

### **MEXICAN - R68**

Spiced Beef Mince, Onions, Peppadews

### **GARLIC & HERB - R45**

Garlic & Herbs

### **MARGHERITA - R40**

Double Cheese & Tomato

### **VEGETARIAN - R55**

Spinach, Caramelized Onion, Mushroom,  
Tomato, Olives & Feta

### **SANTE - R65**

Bacon, Spinach & Feta

### **TIKKA CHICKEN - R65**

Spiced Roast Chicken, Onion, Feta & Double Cheese

### **SALAMI - R68**

Salami, Mushroom, Feta & Peppadew

**All Pizzas Topped with Mozzarella & Cheddar**



## DRINKS

### CAPPUCINO

Regular - R15

Large - R20

### LATTE

Regular - R15

Large - R20

### AMERICANO

Regular - R12

Large - R17

### DECAF

Regular - R17

Large - R22

Tea - R10

Rooibos Latte - R20

Hot Chocolate - R20

Chai Latte - R20

Milo - R20

Water {Still & Sparkling} - R12

Coke / Fanta / Coke Zero / Creme Soda - R12

Lipton / Just Juice / Appletizer - R14

### SMOOTHIES - R30

Yogiberry / Peanut Butter & Banana

### CRUSHERS - R25

Berry / Apple & Mint

### SHAKES

Peanut Butter, Banana & Honey - R30

Oreo & Double Chocolate - R30

Iced Coffee - R25

Chocolate / Strawberry / Vanilla - R25

Kids - R12